

Blueprints

FOR VIOLENCE PREVENTION

Sharing in the mission to help
youth and their families.



2010 BLUEPRINTS CONFERENCE | APRIL 7-9
SAN ANTONIO, TX | MARRIOTT RIVERCENTER

HOSTED BY: The Blueprints for Violence
Prevention Initiative at the Center for the
Study and Prevention of Violence at the
University of Colorado, Boulder.

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LEARN. ADVOCATE. MAKE A CHANGE.

The 2010 Blueprints Conference will motivate the violence and drug prevention field to adopt evidence-based programs and provide support, guidance, and tools to help practitioners implement these programs successfully in their own communities. Attendees will hear from seasoned practitioners and have the opportunity to network with other professionals in the field. Professionals working in the area of juvenile justice and violence and drug prevention for youth will not want to miss this one-of-a-kind event in San Antonio, April 7-9, 2010! For more information or to register, visit www.blueprintsconference.com.

ABOUT BLUEPRINTS FOR VIOLENCE PREVENTION

In 1996, the Center for the Study and Prevention of Violence (CSPV), at the University of Colorado at Boulder, with startup funding from the Colorado Division of Criminal Justice, Centers for Disease Control and Prevention, and the Pennsylvania Commission on Crime and Delinquency, designed and launched a national violence prevention initiative to identify effective violence prevention programs. The project, called Blueprints for Violence Prevention, funded by the Office of Juvenile Justice and Delinquency Prevention since 1998, has identified 11 model and 19 promising prevention and intervention programs. Program effectiveness is based upon an initial review by CSPV and a final review and recommendation from a distinguished advisory board, comprised of eight experts in the field of violence prevention. The programs, called Blueprints, have been effective in reducing adolescent violent crime, aggression, delinquency and substance abuse. The Center continues to identify programs which meet Blueprints rigorous selection criteria.

ABOUT SAN ANTONIO

The second largest city in Texas and the seventh largest in the U.S., San Antonio is home to the 2010 Blueprints Conference. Dazzling and diverse, San Antonio is a city in which cutting-edge contemporary style flows alongside old Spanish missions and cobblestone walkways. The jewel of the city is the River Walk, which meanders through the downtown area and the location of the conference host hotel. Lined with numerous shops, bars, and restaurants, the



River Walk is suffused with the local sounds of folklorico and flamenco music. You can also relive history while walking through the Alamo's cool stone interior or other notable spots on San Antonio Missions National Historic Park's Mission Trail. **Don't miss your opportunity to be a catalyst of change in a vibrant city known for its unique history - a city where standing behind your mission has a deep-rooted meaning.**



BLUEPRINTS FOR VIOLENCE PREVENTION: *Model Programs*

| PROGRAM | RESULTS |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Big Brothers Big Sisters of America www.bbbs.org • (215) 567-7000 | 46% are less likely to try drugs, drink or become physical; and more likely to do well in school. |
| Functional Family Therapy www.fffinc.com • (206) 369-5894 | Shown to help keep delinquent or violent adolescents from entering the adult criminal system. |
| Incredible Years Series www.incredibleyears.com • (888) 506-3562 | Problems at home and school were reduced by teaching parents praise and limit-setting skills, rather than harsh discipline. |
| LifeSkills Training www.lifeskillstraining.com • (800) 293-4969 | 50 to 75% decrease in tobacco and marijuana use. Six years after intervention, poly-drug use was cut up to 66%. |
| Midwestern Prevention Project (323) 865-0330 | 40% decrease in cigarette and marijuana use from middle school through high school. |
| Multidimensional Treatment Foster Care www.mtfc.com • (541) 343-2388 | Youth with chronic disruptive behavior spent 60% fewer days in jail; also less drug use. |
| Multisystemic Therapy www.mstservices.com • (843) 856-8226 | 25 to 70% reduction in the rearrest rate with improvements in family functioning and juveniles' mental-health problems. |
| Nurse-Family Partnership www.nursefamilypartnership.org • (866) 864-5226 | Mothers were far less likely to engage in abuse or drugs and their children were 56% less likely to be arrested. |
| Olweus Bullying Prevention Program www.clemson.edu/olweus • (864) 710-4562 | Bullying, victimization and antisocial behavior, including truancy, were substantially reduced. The social climate of class improved. |
| Project Towards No Drug Abuse http://tnd.usc.edu • (800) 400-8461 | Shown to significantly cut use of cigarettes, marijuana, hard drugs and alcohol. |
| Promoting Alternative Thinking Strategies www.prevention.psu.edu/projects/PATHS.html (626) 457-6635 | Self-control and the ability to tolerate frustration were improved, and there were fewer conduct problems, including aggression. |

Source: Center for the Study and Prevention of Violence, University of Colorado

THE BLUEPRINTS PROMISING PROGRAMS ARE:

- Athletes Training and Learning to Avoid Steroids
- Behavioral Monitoring and Reinforcement Program
- Brief Alcohol Screening and Intervention of College Students
- Brief Strategic Family Therapy
- CASASTART
- Communities that Care
- FAST Track
- Good Behavior Game
- Guiding Good Choices
- I Can Problem Solve
- Linking the Interests of Families and Teachers
- Perry School Project
- Preventive Treatment Program
- Project Northland
- Raising Healthy Children
- Seattle Social Development Project
- Strengthening Families Program For Parents and Youth 10-14
- Strong African American Families
- Triple P

WHO SHOULD ATTEND?

Participants will include community prevention advocates, department heads of agencies responsible for violence and drug prevention efforts, state and local government leaders responsible for prevention funding and initiatives, leaders of the criminal justice systems, and program implementers.

The following individuals should consider attending:

- Individuals involved in, or interested in, Blueprints and other evidence-based programs
- Individuals interested in a career in child mental health or criminal justice services
- Youth advocates including (but not limited to):
 - legislators and other local, state, and national youth advocates
 - judges, probation officers and criminal justice personnel
 - principals and other school officials
 - social services employees
 - mental health/substance abuse employees
 - community-at-large members (faith, recreation, etc.)

CEU CREDITS

The conference qualifies for CEUs through the University of Colorado Continuing Education program. CEUs are \$45. The CEU application is available online at www.blueprintsconference.com. **For information about CEU credits, contact Sharon Mihalic at sharon.mihalic@colorado.edu or (303) 492-2137.**

THANK YOU TO THIS YEAR'S SPONSORS:



Sponsorship and Exhibitor Opportunities Available! Visit www.blueprintsconference.com to learn more.

KEYNOTE SPEAKERS

The Blueprints Conference is designed to offer a solid foundation in advancing the adoption of evidence-based programs for youth and their families. An influential group of juvenile justice leaders will come together to discuss progress in addressing youth substance abuse and violence during the past decade and explore ways of expanding the implementation of gold-standard, evidence-based programs for youth and their families.



Laurie Robinson, Assistant Attorney General

U.S. Department of Justice's Office of Justice Programs

One of the top keynote speakers for the 2010 conference is United States Assistant Attorney General, Laurie Robinson. A national leader in criminal justice policy, Robinson has been instrumental in directing several new initiatives including comprehensive community-based crime control and innovations in offender management. Robinson also served as assistant attorney general from 1993 to 2000. Her seven-year tenure as an assistant attorney general was the longest of any director in the federal criminal justice assistance agency's history. Prior to returning to the U.S. Justice Department's Office of Justice Programs, Robinson was director of the University of Pennsylvania's criminology department master's program. Robinson was also the director of the American Bar Association's (ABA) Section of Criminal Justice for 14 years, where she founded the ABA's Juvenile Justice Center.



Karen Blase, PhD, Senior Scientist

Frank Porter Graham Child Development Institute at the University of North Carolina at Chapel Hill
National Implementation Research Network

Blase is the co-director of the National Implementation Research Network (NIRN) - and self-described "implementation advocate." Blase and fellow NIRN co-director, Dean Fixsen, for the past 10 years have focused on applying and studying the principles that guide effective implementation of proven practices. NIRN recently moved from the University of South Florida to the University of North Carolina at Chapel Hill and Blase and Fixsen are pursuing the same agendas in their new professional home - helping states and other large systems more effectively implement and sustain programs that work. Blase has been privileged to serve as the president of the Foster Family-Based Treatment Association of North America and president of the International Teaching-Family Association. Throughout her career, she has had extensive involvement in knowledge utilization, dissemination, and program replication including developing training programs, fidelity standards, and certification programs for staff and agencies.



Steve Aos, Assistant Director

Washington State Institute for Public Policy

Aos is an economist and assistant director of the Washington State Institute for Public Policy, an applied research group working for the Washington State legislature. His current work focuses on identifying and evaluating the costs and benefits of programs and policies for reducing crime, improving educational outcomes, reducing substance abuse and tobacco use, lowering teen pregnancy, and reducing child abuse and neglect. Aos is the lead author of the Washington State Institute for Public Policy's nationally recognized work on the benefits and costs of prevention and early intervention programs for youth. His work has become the primary source of evidence on the cost-effectiveness of prevention programs in the U.S.

WEDNESDAY, APRIL 7

Pre-Conference Workshops

Several model Blueprints programs have elected to hold individual pre-conferences on Wednesday, April 7. Please note that while each pre-conference schedule will vary, breakfast, lunch and snacks will be available for all pre-conference attendees at the same time (*times are listed below*).

Pre-conference groups include:

- **Functional Family Therapy (FFT)**
Not open to all registrants
- **LifeSkills Training (LST)**
- **Multidimensional Treatment Foster Care (MTFC)**
- **Multisystemic Therapy (MST)**
- **Olweus Bullying Prevention Program**
- **Evidence-Based Practice for Policy Makers and Practitioners: Staying Ahead of the Game**

For registration information and to view pre-conference agendas, visit www.blueprintsconference.com.

Pre-Conference Agenda-at-a-Glance

| | |
|------------------|-------------------------------------------------------------|
| 8 a.m. - 6 p.m. | Pre-Conference and Main Conference Registration Open |
| 8 - 9 a.m. | Pre-Conference Continental Breakfast |
| 8:30 a.m. - Noon | Pre-Conference Morning Session |
| Noon - 1:15 p.m. | Pre-Conference Lunch |
| 1:30 - 5 p.m. | Pre-Conference Afternoon Session |
| 4 - 6 p.m. | Exhibit Hall Open |

AGENDA DETAILS

Visit www.blueprintsconference.com to view session descriptions. Additional information and changes will be posted. This schedule is subject to change.

THURSDAY, APRIL 8

Conference Schedule

| | |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7 a.m. - 6 p.m. | Main Conference Registration Open |
| 7:30 a.m. - 6 p.m. | Exhibit Hall Open |
| 7:30 - 8:30 a.m. | Continental Breakfast |
| 8:30 - 10 a.m. | Welcome & Opening Session Topic: Blueprints: A 10-Year Retrospective and Look to the Future Speakers: Influential Panel of Juvenile Justice Leaders |
| 10 - 10:15 a.m. | Morning Break |

10:15 - 11:45 A.M.

Morning Breakout Sessions

- T1-A** Implementation Challenges and Successes (Panel)
Speakers: Karen Blase, University of North Carolina at Chapel Hill; Gerry Bouwman, MTFC; Sonja Schoenwald, Medical University of South Carolina; Marlene Snyder, Olweus Bullying Prevention Program; and Lisa Saldana, Oregon Social Learning Center
- T2-A** Managing Multiple Evidence-Based Programs
Speaker: Edward Myers Hayes, Cayuga Home for Children
- T3-A** Defining "Evidence-Based": The Utility of Different Types of Evidence in Guiding Future Violence Prevention Efforts
Speaker: Delbert Elliott, University of Colorado
- T4-A** Promoting Alternative Thinking Strategies (PATHS)
Speaker: Mark Greenberg, Penn State University
- T5-A** Raising Healthy Children: A Social Development Approach to Prevention
Speakers: Kevin Haggerty, University of Washington and Lyn Skillington, Unified Family Services System
- T6-A** Strengthening Families Program: For Parents and Youth 10-14
Speaker: Cathy Hockaday, Iowa State University
- T7-A** Brief Strategic Family Therapy (BSFT)
Speaker: José Szapocznik, University of Miami
- T8-A** Life Skills Training: An Evidence-Based Approach for Preventing Alcohol, Tobacco, Illicit Drug Abuse and Violence
Speaker: Gilbert Botvin, Cornell University

| | |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| 11:45 a.m. - Noon | Pre-Lunch Break |
| Noon - 1:15 p.m. | Keynote Lunch Speaker: Laurie Robinson, Assistant Attorney General, U.S. Department of Justice's Office of Justice Programs |
| 1:15 - 1:30 p.m. | Post Lunch Break |

THURSDAY, APRIL 8 (continued)

1:30 - 3 P.M.

Afternoon Breakout Sessions I

T1-B Evidence-Based Programming in Texas: Progress, Pitfalls and Prognosis

Speakers: Peter Greenwood (Moderator), formerly of the Rand Corporation; Cherie Townsend, Texas Youth Commission; Tony Fabelo, Council of State Governments; and Marc Levin, Texas Public Policy Foundation

T2-B Communities That Care: Research and Implementation

Speakers: David Hawkins and Blair Brooke, University of Washington; and Dalene Dutton, Five Town Communities That Care

T3-B Redirecting Youth: Florida's Success Story

Speakers: Frank Peterman, Florida Department of Juvenile Justice and Dan Edwards, Evidence-Based Associates

T4-B Moving from "Lists" to Public Health Impact: What Will It Take?

Speaker: Brian Bumbarger, Penn State University

T5-B Multisystemic Therapy (MST) Overview

Speaker: Scott Henggeler, Medical University of South Carolina

T6-B Olweus Bullying Prevention Program

Speaker: Marlene Snyder, Clemson University

T7-B What's New in Multidimensional Treatment Foster Care (MTFC)

Speaker: Lisa Saldana, Oregon Social Learning Center

T8-B I Can Problem Solve: A Cognitive Approach to Violence Prevention

Speaker: Myrna Shure, Drexel University

3 - 3:15 p.m.

Break

3:15 - 4:45 P.M.

Afternoon Breakout Sessions II

T1-C Real Scale Up: Implementation Frameworks and State Partnerships to Meet Implementation Challenges

Speakers: Karen Blase (Moderator), University of North Carolina at Chapel Hill; Joseph Boggs, MST; and Kellie Teter, NFP

T2-C Using the Communities That Care Prevention Framework to Ensure High Quality Implementation of Evidence-based Prevention Programs

Speakers: Abigail Fagan, University of South Carolina and Brian Bumbarger, Penn State University

T3-C Behavioral Monitoring and Reinforcement Program for Middle School Youth and Its Modification for High School Youth: A Training Workshop

Speaker: Brenna Bry, Rutgers University

T4-C Functional Family Therapy (FFT) - Something Old, Something New, Something Borrowed, Something Blue

Speaker: Jim Alexander, University of Utah

T5-C Learning from Evidence and Experience - Revising the Big Brothers Big Sisters' (BBBS) Community-Based Model

Speaker: Sandra Louk LaFleur, Big Brothers Big Sisters

T6-C Variations on the Theme: Adapting CASASTART for New Populations of High-Risk Youth

Speaker: Larry Murray, Columbia University

T7-C Strong African American Families

Speaker: Christina Grange, University of Georgia

T8-C The Incredible Years: Lessons Learned in Community Mental Health Implementation

Speaker: Cate Drinan, Morrison Child and Family Services

6 - 7 p.m.

Networking Reception

FRIDAY, APRIL 9

Conference Schedule

7 a.m. - 3 p.m.

Main Conference Registration Open

7:30 a.m. - 4 p.m.

Exhibit Hall Open

7:30 - 8:30 a.m.

Continental Breakfast

8:30 - 10 a.m.

Opening Session

Morning Keynote Session

Speaker: Karen Blase, PhD
Frank Porter Graham Child Development Institute and National Implementation Research Network

10 - 10:15 a.m.

Morning Break

FRIDAY, APRIL 9 *(continued)*

10:15 - 11:45 A.M.

Morning Breakout Sessions

F1-A Recruiting Parents Into Blueprint Model Parenting Programs: What We've Learned and Lessons from the Field
Speakers: Kevin Haggerty, University of Washington; Richard Spoth, Iowa State University; and Lyn Skillington, Unified Family Services Systems

F2-A Evidence-Based Adaptations
Speakers: Gerry Bouwman, MTFC and Keller Strother, MST

F3-A Comparing the Blueprints and Meta-Analysis Strategies for Reducing Local and National Levels of Youth Violence
Speaker: Delbert Elliott, University of Colorado and Mark Lipsey, Vanderbilt Institute of Public Policy

F4-A Workforce Development
Speakers: Joseph Boggs, MST and David Bernstein, Center for Effective Interventions

F5-A The Nurse-Family Partnership (NFP) Implementation: What is New and What is Constant After 10 Years
Speaker: Kellie Teter, Nurse-Family Partnership

F6-A Project Towards No Drug Abuse (TND): Yesterday, Today and Tomorrow
Speaker: Steve Sussman, Project TND

F7-A Good Behavior Game
Speaker: Jean Poduska, American Institutes for Research

F8-A The Midwestern Prevention Project (STAR): Adaptation In Context
Speaker: Gaylene Gunning, University of Southern California

11:45 a.m. - Noon

Pre-Lunch Break

Noon - 1:15 p.m.

Closing Session

Speaker: Steve Aos, Washington State Institute for Public Policy

1:15 - 1:30 p.m.

Post-Lunch Break

1:30 - 3 P.M.

Afternoon Breakout Sessions

F1-B Recruiting Parents Into Blueprint Model Parenting Programs: What We've Learned and Lessons from the Field
REPEAT SESSION

Speakers: Kevin Haggerty, University of Washington; Richard Spoth, Iowa State University; and Lyn Skillington, Unified Family Services Systems

F2-B Implementation Challenges and Successes (Panel)
REPEAT SESSION

Speakers: Karen Blase, University of North Carolina at Chapel Hill; Gerry Bouwman, MTFC; Sonja Schoenwald, Medical University of South Carolina; Marlene Snyder, Olweus Bullying Prevention Program; and Lisa Saldana, Oregon Social Learning Center

F3-B Using Communities That Care Framework to Ensure High Quality Implementation of Evidence-Based Prevention Programs
REPEAT SESSION

Speakers: Abigail Fagan, University of South Carolina and Brian Bumbarger, Penn State University

F4-B Developing and Implementing Evidence-Based Programs with Fidelity in Challenging Economic Times
Speaker: David Bernstein, Center for Effective Interventions

F5-B Charting Your Agency's Path Into Evidence-Based Programming (PANEL)

Speakers: Peter Greenwood (Moderator), formerly of the Rand Corporation; Timothy Dunst, Touchstone Behavioral Health; Robert Edmisten, Sacramento County Probation; and Robert Mecum, Lighthouse Youth Services

F6-B Implementing Evidence-Based Programs in Large Systems: The Story of Birmingham's Invest-to-Save Strategy
Speakers: Michael Little, Louise Morpeth and Tracey Bywater, Social Research Unit at Dartington; and Cheryl Hopkins, Birmingham Children's Services

F7-B Keeping Kids Out of Prisons While Reducing State Budgets
Speakers: Steve Aos, Washington State Institute for Public Policy; Chuck Borduin, University of Missouri; and Dan Edwards, Evidence-Based Associates

F8-B Evidence-Based Directions and Approaches at the Federal Level (Office of Juvenile Justice and Delinquency Prevention, Centers for Disease Control and Health and Human Services)

Speakers: Janet Chiancone, Office of Juvenile Justice and Delinquency Prevention (OJJDP); Sarah DeGue, Centers for Disease Control and Prevention (CDC); and Martha Moorehouse, Health and Human Services (HHS)

REGISTER EARLY!

Register by February 23, 2010 to save \$100.



WWW.BLUEPRINTSCONFERENCE.COM

REGISTRATION INFORMATION *(Visit www.blueprintsconference.com to register)*

| Conference Rates: | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pre-conference <i>(Wednesday, April 7, 2010)</i> | \$150 |
| Main conference <i>(Thursday - Friday, April 8 - 9, 2010)</i> | \$250 - Early Registration Fee <i>(ends on February 23, 2010)</i> |
| | \$350 - Registration Fee Registration closes on March 24, 2010 |
|  <p>Hotel Accommodations <i>(San Antonio Marriott Rivercenter)</i></p> | <p>\$155/night plus tax - Room rates are available until March 17, 2010 <i>After this time, we cannot guarantee you will receive the discounted conference rate of \$155, or any other discount.</i></p> <p>.....</p> <p>Please be sure to mention the Blueprints Conference to receive the special rate. Reserve rooms online at www.blueprintsconference.com or by calling 800-266-9432 Monday through Friday, 8 a.m. - 9 p.m. EST.</p> <p>.....</p> <p><i>Guests will be responsible for all incidental charges incurred during your stay. These charges may include: room service, telephone charges, Internet service, etc.</i></p> |

PLEASE NOTE that space is limited and registration will be on a first-come, first-serve basis. REGISTRATION CLOSES ON MARCH 24, 2010 and PAYMENT MUST BE RECEIVED BY MARCH 31, 2010. Registrants who have not paid by this date will be removed from registration.

Conference registration fees will include: official conference registration packet, continental breakfast, lunches, a networking reception, and much more.

Confirmation: All registrants will receive confirmation of their online registration via e-mail. Registration packets may be picked up at the registration desk beginning at 8 a.m. on Wednesday, April 7, 2010.

Cancellations: All requests for refunds must be made in writing. Telephone requests will not be accepted. A \$50 processing fee will be applied to all refunds. Requests received by 5 p.m., February 24, 2010, will receive a full refund (minus the \$50 processing fee).



Cancellation requests made after February 24 will receive a 50 percent reimbursement through March 10. No refunds will be made after March 10, 2010. Please note that all refunds will be made to the payer only. No exceptions.